

## 1974 Region 7 Girls - Saturday, May 25th at Grand Rapids

**Teams:** Duluth Denfeld 22, Deer River 21, Aurora-Hoyt Lakes 18, International Falls 16, Chisago Lakes 15, Virginia 15, Two Harbors ?, McGregor 11, Hermantown 10, Hibbing 7, Cromwell 7, Hinckley 7, Cloquet 7, Silver Bay 6, Duluth Central 6, Gilbert 6, Grand Rapids 6, ...

### Discus

- 1 Linda Palm, Hermantown 104-1
- 2 Sharon Kowalski, NK

### Long Jump

- 1 Tammy Bimler, Chisago L 16-0
- 2 Kim Stokes, Hibb

### Shot Put

- 1 Audrey Randall, Cromwell 38-1
- 2 Kristie Johnson, McGregor

### High Jump

- 1 Tammy Bimler, Chisago L 5-0
- 2 Kara Ammala, McGregor

### 60 Hurdles

- 1 Lynn Schulz, Deer River 8.5
- 2 Patty Trebnick, Greenway

### 100 Yard Dash

- 1 Jill Holst, A-HL 11.8
- 2 Debbie L'Esperance, Two H

### Mile Run

- 1 Denise Egge, Denfeld 5:36.5
- 2 Lynelle Johnson, Hermantown

### 880 Relay

- 1 Virginia 1:50.8 (Brannigan, Novak, Olson, Roy)

### 440 Yard Dash

- 1 Teri Parchem, Cloquet 62.0
- 2 Kay Ringstad, Denfeld

### 110 Hurdles

- 1 Lynn Schulz, Deer River 15.1
- 2 Deanna Kerzl, Gilbert

### Medley Relay

- 1 Denfeld 1:52.6 (McTighe, Westholm, Ringstad, Marchand)

### 880 Yard Run

- 1 Cindy Howden, A-HL 2:30.4
- 2 Debbie Bocnuk, Intl Falls

### 200

- 1 Debbie L'Esperance, Two H 26.7
- 2 Beth Brannigan, Virginia

### 440 Relay

- 1 Duluth Central 52.4 (Peterson, Nash, Strother, Duffield)

**Notes:** Denfeld was coached by Jackie LeBeau.

